



Dr. Daniel Chorney
& Associates | Psychological Services

Our Commitment to Sensitive Practice

Welcome to our psychology practice! We are glad to work with you. Treatment within this practice will typically include an assessment and treatment provided by a Registered Psychologist. Direct and open communication between the client and the therapist is important. Below is a list of suggestions that may help you at our practice.

Therapy works best when you and your therapist work as a team.

For example, your therapist will explain your treatment to you. Please tell your therapist if:

- You are not comfortable with the treatment
- You do not understand the treatment or language your therapist is using
- You do not agree with the treatment

Also, therapy works best when you talk to your therapist about how the treatment is working (or not working!) for you. The more you are able to tell your therapist, the better he or she will be able to help you.

We will do our best to ensure your privacy.

Your therapist may need to speak to other individuals in your circle of care to ensure you receive the best treatment possible. This may include:

- Your family doctor
- The individual(s) who referred you to our practice
- Other mental health practitioners
- Other members of your family

In almost all cases, signed written consent will be obtained from you before consulting with others and we will discuss this with you in advance before discussing your specific details with anyone.

You can choose to have someone accompany you during your therapy appointments.

This person can be a family member, a friend, or another person of your choice.

You have the right to choose a male or female therapist.

If you know this is important for you, please tell us when you book your first appointment.

If you decide later in treatment that you would rather work with a therapist of a different gender, you may tell us then too.

If we are unable to book you with your choice of a male or female therapist, we may refer you to a facility that can.

You have the right to stop treatment at any time, during or after a session.

Reasons people might stop treatment may include:

- Discomfort during treatment
- Deciding to try a different type of health care
- Feeling as though your therapist does not understand your specific needs or you are not benefiting from treatment at the rate you expected

If you decide to try a different type of care, your therapist may be able to give you the name of someone she or he thinks can help you.

Above all, we want you to notice an improvement in your health

