



Psychoeducational Assessments (Ages 6-16)

New Referrals:

- Parents can self-refer directly (a physician referral is not required)
- At this time, we do not have the ability to assess students who are in French Immersion. We would be happy to provide names of other practices/psychologists that assess children in French Immersion.
- Also, we do not accept referrals for children who have significant medical/neurological conditions (e.g., epilepsy, brain injury) that may impact cognition and learning. These referrals will be directed to the IWK or other private practitioners for a neuropsychological assessment.

Initial appointment:

- You will meet with the psychologist for an initial appointment (scheduled for 90 minutes). For young children (under 12 years), the psychologist typically spends the majority of this appointment with parents. Children under 12 years are not required to attend the initial appointment.
- You will be asked to bring the following to the appointment:
 - a completed Child History Form (see Website)
 - relevant school records (report cards, documented adaptations, IPPs)
 - any relevant previous assessment reports (e.g., from Psychology, Speech-Language Pathology, or Occupational Therapy)
 - a sample of your child's written work
- Background information is reviewed at the initial appointment along with a discussion about your primary concerns. A decision is made as to whether a psychoeducational assessment is required. If not, alternative options will be discussed.
- If a psychoeducational assessment is recommended, testing appointments are scheduled.
- You are given two packages of forms to be completed (one for parents and one for teachers).

Testing Sessions:

- Direct testing typically takes between 5 and 6 hours, scheduled across 2 morning sessions. These appointments are offered on Saturdays only.
- You will be asked to remain in the waiting area while your child is being assessed.
- Your child is welcome to bring a snack for the mid-morning break

Feedback:

- A feedback session will be scheduled approximately 2 weeks after testing has been completed. This is a 90-minute appointment, scheduled on a Saturday.
- Your child's assessment results and recommendations are reviewed at this time. Typically, children under 12 years are not required to attend this appointment.
- A draft report is prepared with a final copy to follow after the feedback session.

- You will receive multiple copies of the report to share with other professionals involved in your child’s care, including the school, if you choose to share the assessment results.
- We will send a copy of the report directly to your child’s Family Physician or Pediatrician if you provide consent to do so.

Payment:

- The total cost of a psychoeducational assessment is **\$2940.00**, broken down as follows:
 - Initial appointment (90 minutes): \$315
 - Direct Testing, Part 1 (3 hours): \$630
 - Direct Testing, Part 2 (3 hours): \$630
 - Indirect hours (scoring, report writing, formulation): \$840
 - Feedback session (90 minutes): \$315
 - School Case Conference (60 minutes): \$210
- Payment is collected at each session and receipts are provided for insurance reimbursement purposes.
- Please note that insurance policies vary in terms of coverage for psychoeducational assessments. You are strongly encouraged to discuss the above fee schedule with your insurance company prior to scheduling appointments. Questions you may want to ask, include:
 - Who in my family is covered to see a registered psychologist and for what amount(s)?
 - What is my deductible for these services and has it been met?
 - Is the coverage based on a specific number of “sessions” or “hours” and, if so, what is the coverage amount per session/hour?
 - When does my coverage renew?
 - Do I require a referral from a physician in order to obtain coverage?
 - Does the policy cover *indirect hours* (e.g., cost for report writing) as well as *direct hours* (e.g., hours spent directly working with you and your child)?